

## NORFOLK SCHOOLS CHAMPIONSHIPS 10TH JUNE 2023

3000m 1								
Position	Category position	Bib number	Name	Club	Category	Gender	Time	
1	1	209	Zachary Dunne	Notre dame h	U17	Male	9:06.8	
2	2	175	Edward Murray	Alderman Pee	U17	Male	9:55.8	
3	1	229	Ben Thompson	East Norfolk S	U20	Male	10:00.5	
4	2	234	Corben Reynolds	Sir Issac Newt	U20	Male	10:44.6	
5	3	228	Arthur Cleere	Reepham Col	U20	Male	10:50.5	
6	1	145	Isabella McKenzie	Springwood h	U17	Female	12:42.5	
75m hurdles								
Position	Category position	Bib number	Name	Club	Category	Gender	Time	
1	1	51	Mia Squires	Lynn Grove A	U15	Female	12.1	
2	2	56	Rebecca Johnson	King Edward A	U15	Female	12.2	
3	3	32	Grace Doran	Thorpe St And	U15	Female	12.8	
4	4	34	Isla Hibbett	Hethersett Ad	U15	Female	12.9	
5	5	35	Jaime Wells	Wymondham	U15	Female	13.2	
80m hurdles 1								
Position	Category position	Bib number	Name	Club	Category	Gender	Time	
1	1	146	Isabelle Mardle	Norwich Scho	U17	Female	11.7	
2	2	143	Freya Knight	The Nicholas	U17	Female	12.6	
3	3	133	Charlotte Gilding	Framingham	U17	Female	12.8	
80m hurdles - 2								
Position	Category position	Bib number	Name	Club	Category	Gender	Time	
1	1	99	Leon Harris	City of Norwic	U15	Male	13.8	
2	2	86	Isaiah Amoako	Wymondham	U15	Male	14.4	
100m hurdles 1								

	Position	Category position	Bib number	Name	Club	Category	Gender	Time	
	1	1	177	Finlay Barnard	Taverham High	U17	Male	14.1	
<b>110m hurdles</b>									
	Position	Category position	Bib number	Name	Club	Category	Gender	Time	
	1	1	233	Conrad Winter	Easton College	U20	Male	15.5	
	2	2	238	Liam Clare	College of West	U20	Male	DQ	
<b>100m JG H1</b>									
	Position	Category position	Bib number	Name	Club	Category	Gender	Time	
	1	1	47	Maizie Boylan	Flegg high school	U15	Female	12.6	
	2	2	5	Amy Fielding	GYDAC	U15	Female	12.8	
	3	3	56	Rebecca Johnson	King Edward VI	U15	Female	13.6	
	4	4	28	Evelyn Day	Diss High School	U15	Female	14.2	
	5	5	4	Amelia Gregson	Broadland High	U15	Female	14.2	
	6	6	54	Olivia Allen	Broadland High	U15	Female	14.5	
	7	7	42	Lola Hopkins	Alderman Pease	U15	Female	14.6	
	8	8	36	Jasmine Becker	Thorpe St Andrew	U15	Female	14.9	
<b>100m JG H2</b>									
	Position	Category position	Bib number	Name	Club	Category	Gender	Time	
	1	1	14	Confidence Uzoigwe	Hethersett Academy	U15	Female	13.5	
	2	2	9	Bethany Rumsby	Thorpe St Andrew	U15	Female	14.2	
	3	3	17	Dana Duah	Wymondham	U15	Female	14.8	
	4	4	18	Dani Wathan	St Clements high	U15	Female	16.6	
<b>100m JB H1</b>									
	Position	Category position	Bib number	Name	Club	Category	Gender	Time	
	1	1	102	Lewis Chambers	Wymondham	U15	Male	12.5	
	2	2	98	Keiran Reeve	Litcham High	U15	Male	12.6	

	3	3	80	Finley Morby Jones	Marshland Hi	U15	Male	13.0	
	4	4	75	Daniel Molife	Gresham's Sc	U15	Male	13.4	
	5	5	64	Alex Singh	Norwich Scho	U15	Male	13.5	
	6	6	84	Harry Woodgett	Dereham Run	U15	Male	14.5	
<b>100m JB H2</b>									
	<b>Position</b>	<b>Category position</b>	<b>Bib number</b>	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Gender</b>	<b>Time</b>	
	1	1	117	Ronnie Tubby	Ormiston Ver	U15	Male	11.7	
	2	2	104	Marcus Wood	Reepham high	U15	Male	12.8	
	3	3	124	William Ling-berry	Notre dame h	U15	Male	12.9	
<b>100m IB H1</b>									
	<b>Position</b>	<b>Category position</b>	<b>Bib number</b>	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Gender</b>	<b>Time</b>	
	1	1	162	Alecks Whyte	Lynn Grove A	U17	Male	11.5	
	2	2	178	George Smith	Great Yarmou	U17	Male	11.9	
	3	3	187	Josh Whitehand	Norwich scho	U17	Male	12.1	
	4	4	186	Johannes Bieber	Lynn Grove A	U17	Male	13.0	
<b>100m IB H2</b>									
	<b>Position</b>	<b>Category position</b>	<b>Bib number</b>	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Gender</b>	<b>Time</b>	
	1	1	205	William Lupton	Taverham Hig	U17	Male	11.5	
	2	2	207	William Spratt	Attleborough	U17	Male	12.3	
	3	3	200	Somto Ojiakor	Wymondham	U17	Male	12.4	
	4	4	199	Sidney Slater	Gresham's Sc	U17	Male	12.8	
	5	5	197	Oliver May	Gresham's Sc	U17	Male	12.8	
<b>400m SB+SG</b>									
	<b>Position</b>	<b>Category position</b>	<b>Bib number</b>	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Gender</b>	<b>Time</b>	
	1	1	231	Calvin Smith	City College N	U20	Male	50.4	
	2	1	222	Hannah Pain	Easton Colleg	U20	Female	60.4	
	3	2	220	Eva Ellis	Sir Issac Newt	U20	Female	64.6	

400m IB								
Position	Category position	Bib number	Name	Club	Category	Gender	Time	
1	1	208	William Wassmer	Stalham high	U17	Male	54.8	
2	2	181	James Markham	Notre dame h	U17	Male	55.8	
3	3	172	Daniel Clouston	Thetford Gran	U17	Male	56.6	
4	4	168	Charlie Frammingham	Alderman Pee	U17	Male	57.6	
100m IG								
Position	Category position	Bib number	Name	Club	Category	Gender	Time	
1	1	130	Aisha Elouassi	Dereham Nea	U17	Female	13.1	
2	2	136	Ella Goldring	Alderman Pee	U17	Female	13.2	
3	3	250	Natalia Mosakowska	Notre Dame H	U17	Female	13.5	
4	4	150	Katie Moore	Broadland Hig	U17	Female	13.9	
5	5	134	Charlotte Pernet	Thorpe St And	U17	Female	13.9	
6	6	155	Lily Frammingham	Alderman Pee	U17	Female	14.4	
100m JG FINAL								
Position	Category position	Bib number	Name	Club	Category	Gender	Time	
1	1	47	Maizie Boylan	Flegg high sch	U15	Female	12.7	
2	2	5	Amy Fielding	GYDAC	U15	Female	12.9	
3	3	56	Rebecca Johnson	King Edward A	U15	Female	13.4	
4	4	14	Confidence Uzoigwe	Hethersett Ac	U15	Female	13.8	
5	5	4	Amelia Gregson	Broadland Hig	U15	Female	14.3	
6	6	28	Evelyn Day	Diss High Scho	U15	Female	14.4	
7	7	52	Minnie Richardson	Norwich Scho	U15	Female	14.5	
100m JB FINAL								
Position	Category position	Bib number	Name	Club	Category	Gender	Time	
1	1	117	Ronnie Tubby	Ormiston Ver	U15	Male	12.0	
2	2	102	Lewis Chambers	Wymondham	U15	Male	12.5	
3	3	98	Keiran Reeve	Litcham High	U15	Male	12.7	

	4	4	80	Finley Morby Jones	Marshland Hi	U15	Male	12.9	
	5	5	124	William Ling-berry	Notre dame h	U15	Male	13.4	
	6	6	64	Alex Singh	Norwich Scho	U15	Male	14.0	
<b>100m IB FINAL</b>									
	<b>Position</b>	<b>Category position</b>	<b>Bib number</b>	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Gender</b>	<b>Time</b>	
	1	1	205	William Lupton	Taverham Hig	U17	Male	11.2	
	2	2	162	Alecks Whyte	Lynn Grove A	U17	Male	11.2	
	3	3	187	Josh Whitehand	Norwich scho	U17	Male	12.0	
	4	4	207	William Spratt	Attleborough	U17	Male	12.3	
	5	5	200	Somto Ojiakor	Wymondham	U17	Male	12.6	
<b>100m SB+SG</b>									
	<b>Position</b>	<b>Category position</b>	<b>Bib number</b>	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Gender</b>	<b>Time</b>	
	1	1	232	Christian Tansey	King Edwards	U20	Male	11.3	
	2	2	238	Liam Clare	College of We	U20	Male	11.6	
	3	3	240	Max Miller	Reepham Col	U20	Male	11.9	
	4	1	221	Evie Patrick	Reepham Col	U20	Female	12.6	
<b>800m IB+SB</b>									
	<b>Position</b>	<b>Category position</b>	<b>Bib number</b>	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Gender</b>	<b>Time</b>	
	1	1	236	Henry Jonas	Paston Sixth F	U20	Male	1:55.2	
	2	2	244	Tim Bongaerts	City of Norwic	U20	Male	1:59.9	
	3	1	206	William Percival	Wymondham	U17	Male	2:00.7	
	4	2	203	Tobias Cheesbrough	Dereham Nea	U17	Male	2:01.7	
	5	3	196	Mpaji Rose-Brown	CNS	U17	Male	2:02.4	
	6	4	208	William Wassmer	Stalham high	U17	Male	2:10.9	
	7	3	299	Leo Bodium		U20	Male	2:13.6	
	8	5	175	Edward Murray	Alderman Pee	U17	Male	2:17.6	
	9	6	182	Jasper Makins-Kitt	City of Norwic	U17	Male	2:21.3	
<b>800m JB</b>									

	Position	Category position	Bib number	Name	Club	Category	Gender	Time	
	1	1	97	Jude Linstead	Thorpe St. An	U15	Male	2:04.3	
	2	2	96	Joshua Stark	Thorpe St And	U15	Male	2:05.3	
	3	3	79	Finlay Haynes	Wymondham	U15	Male	2:07.7	
	4	4	72	Cameron Wedon	Lynn Grove A	U15	Male	2:10.1	
	5	5	115	Rocky Barnes	Northgate Hig	U15	Male	2:22.3	
	6	6	81	Finn Kaiser	Norwich Scho	U15	Male	2:23.6	
	7	7	121	Sean Chaterera	Notre Dame	U15	Male	2:30.4	
	8	8	89	James Ashton	City of Norwid	U15	Male	2:41.5	
<b>800m SG + IG</b>									
	Position	Category position	Bib number	Name	Club	Category	Gender	Time	
	1	1	160	Rosie Dickety	Aylsham High	U17	Female	2:22.1	
	2	2	141	Esme Jonas	Cromer Acade	U17	Female	2:27.3	
	3	3	131	Ava Mears	Reepham Hig	U17	Female	2:30.2	
	4	1	225	Isabella Williams	City of Norwid	U20	Female	2:34.6	
	5	4	149	Katerina Di Maria	Norwich scho	U17	Female	2:43.4	
	6	5	152	Kyla Langan	Thorpe St And	U17	Female	2:49.4	
<b>800m JG</b>									
	Position	Category position	Bib number	Name	Club	Category	Gender	Time	
	1	1	3	Amber Goddard	Thorpe st. An	U15	Female	2:37.5	
	2	2	61	Violet Brooke	Long Stratton	U15	Female	2:42.1	
	3	3	29	Evie Greenhalf	Hobart high s	U15	Female	2:43.7	
	4	4	12	Cara Bredican	Wymondham	U15	Female	2:44.5	
	5	5	41	Lily Goddard	Thorpe St And	U15	Female	2:46.6	
	6	6	21	Ella Goodswen	Harleston Sar	U15	Female	2:52.9	
	7	7	39	Lillian Manson	Reepham Hig	U15	Female	2:53.0	
	8	8	43	Lola Kidman	King Edward V	U15	Female	2:55.7	
	9	9	46	Lucy Thompson	Cliff Park Orm	U15	Female	3:09.1	
	10	10	55	Oliwia Stepien	Hellesdon hig	U15	Female	3:34.3	

200m JB H1								
Position	Category position	Bib number	Name	Club	Category	Gender	Time	
1	1	68	Archie Hannent	Framingham	U15	Male	24.3	
2	2	65	Alfie Bull	Ormiston Ver	U15	Male	26.2	
3	3	91	Jeffery Iyaji	Notre Dame H	U15	Male	28.7	
4	4	84	Harry Woodgett	Dereham Run	U15	Male	30.0	
5	5	78	Eugene Mak	Norwich Scho	U15	Male	30.4	
200m JB H2								
Position	Category position	Bib number	Name	Club	Category	Gender	Time	
1	1	107	Micah Avowlanu	Thorpe St And	U15	Male	24.7	
2	2	100	Levite Oyelakin	Norwich Scho	U15	Male	26.0	
3	3	124	William Ling-berry	Notre dame h	U15	Male	27.0	
4	4	103	Luca Newbury	Beeston Hall	U15	Male	27.8	
1500m Steeplechase								
Position	Category position	Bib number	Name	Club	Category	Gender	Time	
1	1	223	Hattie Reynolds	Gresham's	U20	Female	4:54.7	
2	1	145	Isabella McKenzie	Springwood h	U17	Female	6:48.7	
300m JG FINAL								
Position	Category position	Bib number	Name	Club	Category	Gender	Time	
1	1	5	Amy Fielding	GYDAC	U15	Female	43.2	
2	2	40	Lily Ganley	Hethersett Ad	U15	Female	45.3	
3	3	53	Nicole Grimsey	Norwich High	U15	Female	47.1	
4	4	49	Megan Luxford	City of Norwic	U15	Female	47.1	
5	5	8	Ava Munnings	Thorpe St And	U15	Female	48.7	
6	6	59	Sophie slinger	Norwich Scho	U15	Female	51.6	
7	7	37	Kyla Gatchalian	Notre Dame H	U15	Female	53.1	
8	8	43	Lola Kidman	King Edward V	U15	Female	55.0	

300m JB FINAL								
Position	Category position	Bib number	Name	Club	Category	Gender	Time	
1	1	110	Oliver Bayfield	Norwich Scho	U15	Male	37.5	
2	2	92	Jonathan Crowle	Thorpe St And	U15	Male	38.8	
3	3	95	Joshua Moore	Attleborough	U15	Male	42.5	
4	4	66	Alfie Sparkes	Wymondham	U15	Male	42.8	
5	5	71	Callum Watson	Notre Dame H	U15	Male	43.3	
6	6	70	Billy Marris	Norwich Scho	U15	Male	43.3	
7	7	76	Dylan Roberts	Norwich Scho	U15	Male	48.0	
8	8	82	Frank Faulkner	Hellesdon Hig	U15	Male	48.0	
300m IG FINAL								
Position	Category position	Bib number	Name	Club	Category	Gender	Time	
1	1	138	Emily Roberts	Caister Acade	U17	Female	45.8	
1500m JG + IG								
Position	Category position	Bib number	Name	Club	Category	Gender	Time	
1	1	144	Georgia Shirley	Thorpe St And	U17	Female	4:49.7	
2	2	158	Millie Adams	Taverham Hig	U17	Female	4:59.7	
3	3	135	Connie Easter	Neatherd Hig	U17	Female	5:02.8	
4	1	45	Lottie Hood	Gresham's Sc	U15	Female	5:17.5	
5	2	38	Lexie Heather	Reepham hig	U15	Female	5:20.9	
6	3	27	Eva Eccles	Hethersett ac	U15	Female	5:26.4	
7	4	140	Erin Hernon	Wymondham	U17	Female	5:32.6	
8	5	131	Ava Mears	Reepham Hig	U17	Female	5:34.8	
9	4	24	Eloise Edridge	Aylsham	U15	Female	5:53.5	
10	5	54	Olivia Allen	Broadland Hig	U15	Female	6:13.0	
1500m IB + SB								
Position	Category position	Bib number	Name	Club	Category	Gender	Time	
1	1	195	Michael Clark	Wymondham	U17	Male	4:10.2	



	2	1	244	Tim Bongaerts	City of Norwich	U20	Male	4:13.3	
	3	2	166	Billy Eccles	Hethersett ad	U17	Male	4:34.4	
	4	3	183	Jedd Atkinson	Reepham Hig	U17	Male	4:38.3	
	5	4	191	Louis Kelly	Notre dame h	U17	Male	4:57.3	
	6	5	163	Alfie Bone	Springwood H	U17	Male	4:58.2	
<b>1500m JB</b>									
	<b>Position</b>	<b>Category position</b>	<b>Bib number</b>	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Gender</b>	<b>Time</b>	
	1	1	92	Jonathan Crowle	Thorpe St And	U15	Male	4:45.1	
	2	2	74	Charlie Perry	Thorpe St And	U15	Male	4:48.9	
	3	3	87	Jack Browne	CNS	U15	Male	4:55.3	
	4	4	123	Vito Machin	Wymondham	U15	Male	4:58.1	
	5	5	77	Ethan Ward	St. Clement's	U15	Male	5:10.0	
	6	6	108	Milo Debbage	Broadland Hig	U15	Male	5:16.6	
	7	7	82	Frank Faulkner	Hellesdon Hig	U15	Male	5:49.4	
<b>200m IG FINAL</b>									
	<b>Position</b>	<b>Category position</b>	<b>Bib number</b>	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Gender</b>	<b>Time</b>	
	1	1	130	Aisha Elouassi	Dereham Nea	U17	Female	26.8	
	2	2	250	Natalia Mosakowska	Notre Dame H	U17	Female	27.1	
	3	3	136	Ella Goldring	Alderman Pee	U17	Female	28.1	
	4	4	138	Emily Roberts	Caister Acade	U17	Female	28.7	
<b>200m SB + SG FINAL</b>									
	<b>Position</b>	<b>Category position</b>	<b>Bib number</b>	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Gender</b>	<b>Time</b>	
	1	1	231	Calvin Smith	City College N	U20	Male	23.0	
	2	1	222	Hannah Pain	Easton Colleg	U20	Female	26.7	
<b>200m IB FINAL</b>									
	<b>Position</b>	<b>Category position</b>	<b>Bib number</b>	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Gender</b>	<b>Time</b>	
	1	1	162	Alecks Whyte	Lynn Grove A	U17	Male	22.7	

	2	2	178	George Smith	Great Yarmou	U17	Male	23.7	
	3	3	207	William Spratt	Attleborough	U17	Male	24.6	
	4	4	184	Jeffrey Amrich	Wymondham	U17	Male	24.7	
	5	5	186	Johannes Bieber	Lynn Grove A	U17	Male	25.5	
	6	6	194	Matthew Zimmerman	Thorpe St And	U17	Male	25.9	
	7	7	200	Somto Ojiakor	Wymondham	U17	Male	25.9	
<b>200m JG FINAL</b>									
	<b>Position</b>	<b>Category position</b>	<b>Bib number</b>	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Gender</b>	<b>Time</b>	
	1	1	47	Maizie Boylan	Flegg high sch	U15	Female	25.2	
	2	2	25	Emily Doran	Thorpe St And	U15	Female	26.9	
	3	3	19	Daniella Baldeo	Notre Dams H	U15	Female	28.6	
	4	4	20	Darcey McDonough	Langley Senior	U15	Female	29.8	
	5	5	16	Dagmar Launde	Notre Dame H	U15	Female	30.2	
	6	6	57	Rosabel Pickard	Litcham	U15	Female	30.3	
	7	7	62	Zoë Clues	Thorpe St And	U15	Female	30.7	
	8	8	6	Antonia Watson	Norwich scho	U15	Female	30.9	
<b>200m JB FINAL</b>									
	<b>Position</b>	<b>Category position</b>	<b>Bib number</b>	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Gender</b>	<b>Time</b>	
	1	1	68	Archie Hannent	Framingham	U15	Male	24.5	
	2	2	107	Micah Avowlanu	Thorpe St And	U15	Male	25.0	
	3	3	65	Alfie Bull	Ormiston Ven	U15	Male	25.2	
	4	4	100	Levite Oyelakin	Norwich Scho	U15	Male	26.6	
	5	5	124	William Ling-berry	Notre dame h	U15	Male	27.7	
	6	6	91	Jeffery Iyaji	Notre Dame H	U15	Male	28.9	
<b>Hammer</b>									
	<b>Position</b>	<b>Category position</b>	<b>Bib number</b>	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Gender</b>	<b>Height</b>	
		1	90	James Lupton	Taverham Hig	U15	Male	28.60	
		1	50	Mia Horan	Wymondham	U15	Female	17.83	
		2	19	Daniella Baldeo	Notre Dams H	U15	Female	11.30	
		1	156	Lilymae Coote	Flegg high sch	U17	Female	45.37	

		2	201	Thomas Norkett	Thetford Acad	U17	Male	33.36	
		1	226	Luella Brookes	Diss Sixth For	U20	Female	30.77	
<b>Long jump IB + SB</b>									
	<b>Position</b>	<b>Category position</b>	<b>Bib number</b>	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Gender</b>	<b>Distance</b>	
	1	1	233	Conrad Winter	Easton Colleg	U20	Male	6.54	
	2	2	243	Ryan Wood	Reepham Hig	U20	Male	5.99	
	3	1	168	Charlie Frammingham	Alderman Pee	U17	Male	5.27	
	4	2	188	Kunle Adedoyin	Wymondham	U17	Male	5.07	
	5	3	171	Cyriac Abraham	Notre Dame H	U17	Male	4.79	
	6	3	230	Brandon Blakesley	East Norfolk s	U20	Male	4.58	
<b>Discus JB+IB+SB</b>									
	<b>Position</b>	<b>Category position</b>	<b>Bib number</b>	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Gender</b>	<b>Height</b>	
		1	88	Jack Waring	Norwich Scho	U15	Male	20.20	
		2	83	George Dodds	Langley Scho	U15	Male	19.65	
		3	81	Finn Kaiser	Norwich Scho	U15	Male	19.62	
		4	93	Joseph Dwyer	Wymondham	U15	Male	16.48	
		1	169	Connor Eadie	Diss high scho	U17	Male	29.17	
		2	201	Thomas Norkett	Thetford Acad	U17	Male	24.34	
		3	189	Kwame Bekoe	Norwich Scho	U17	Male	21.42	
		1	242	Oliver Yellop	City College N	U20	Male	25.66	
<b>Long jump JB</b>									
	<b>Position</b>	<b>Category position</b>	<b>Bib number</b>	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Gender</b>	<b>Distance</b>	
	1	1	107	Micah Avowlanu	Thorpe St And	U15	Male	5.47	
	2	2	104	Marcus Wood	Reepham high	U15	Male	5.29	
	3	3	90	James Lupton	Taverham Hig	U15	Male	5.14	
	4	4	69	Arie Sawyer	Reepham Hig	U15	Male	5.14	
	5	5	110	Oliver Bayfield	Norwich Scho	U15	Male	5.10	
	6	6	102	Lewis Chambers	Wymondham	U15	Male	4.99	
	7	7	65	Alfie Bull	Ormiston Ver	U15	Male	4.56	

High jump JG + IG + SG									
Position	Category position	Bib number	Name	Club	Category	Gender	Distance		
1	1	133	Charlotte Gilding	Framingham	U17	Female	1.50		
2	1	25	Emily Doran	Thorpe St And	U15	Female	1.40		
3	2	40	Lily Ganley	Hethersett Ad	U15	Female	1.40		
4	3	16	Dagmar Launde	Notre Dame H	U15	Female	1.40		
5	4	58	Ruby Rotheron	Ormiston ven	U15	Female	1.40		
6	2	142	Essie Jones	Gresham's Sc	U17	Female	1.40		
7	5	57	Rosabel Pickard	Litcham	U15	Female	1.30		
8	6	6	Antonia Watson	Norwich scho	U15	Female	1.30		
9	7	35	Jaime Wells	Wymondham	U15	Female	1.30		
Discus JG + IG + SG									
Position	Category position	Bib number	Name	Club	Category	Gender	Distance		
	1	58	Ruby Rotheron	Ormiston ven	U15	Female	22.79		
	2	44	Lola Rapley	Thorpe St And	U15	Female	16.77		
	3	9	Bethany Rumsby	Thorpe St And	U15	Female	15.55		
	4	41	Lily Goddard	Thorpe St And	U15	Female	15.06		
	5	50	Mia Horan	Wymondham	U15	Female	14.87		
	6	3	Amber Goddard	Thorpe st. An	U15	Female	14.49		
	1	147	Isio Emore	Norwich Scho	U17	Female	15.69		
	1	226	Luella Brookes	Diss Sixth For	U20	Female	27.15		
Long jump IG + SG									
Position	Category position	Bib number	Name	Club	Category	Gender	Distance	Wind	
1	1	146	Isabelle Mardle	Norwich Scho	U17	Female	5.33	-2.1	
2	2	132	Caitlin Bell	Ormiston vict	U17	Female	5.26	0.2	
3	3	143	Freya Knight	The Nicholas	U17	Female	5.20	-1.6	
4	4	148	Ivy Hodds	Notre Dame H	U17	Female	4.56	1.9	
5	5	155	Lily Frammingham	Alderman Pee	U17	Female	4.33	-3.5	
6	6	161	Sofia Odell	Thorpe st and	U17	Female	4.18	-1.8	
7	7	134	Charlotte Pernet	Thorpe St And	U17	Female	3.72	-1.7	
8	1	227	Rose Fairhurst	Sir Isaac New	U20	Female	3.69	-0.1	

Shot JB + JG								
Position	Category position	Bib number	Name	Club	Category	Gender	Distance	
	1	1	Abigail Calver	Langley Senior	U15	Female	7.97	
	2	48	Marta Nowakowska	Wayland acad	U15	Female	7.67	
	3	52	Minnie Richardson	Norwich Scho	U15	Female	7.45	
	4	31	Felicity Gamble	Norwich High	U15	Female	7.13	
	5	13	Charley Wheatley	St Clements H	U15	Female	6.49	
	6	21	Ella Goodswen	Harleston Sar	U15	Female	5.78	
	1	83	George Dodds	Langley Scho	U15	Male	11.15	
	2	101	Lewis Barker	Aylsham High	U15	Male	11.06	
	3	73	Charlie Broad	Downham Ma	U15	Male	11.05	
	4	98	Keiran Reeve	Litcham High	U15	Male	10.30	
	5	91	Jeffery Iyaji	Notre Dame H	U15	Male	8.91	
	6	80	Finley Morby Jones	Marshland Hi	U15	Male	8.87	
	7	112	Otto Fergusson	Beeston Hall S	U15	Male	7.92	
Javelin JG + IG + SG								
Position	Category position	Bib number	Name	Club	Category	Gender	Distance	
	1	1	Abigail Calver	Langley Senior	U15	Female	24.20	
	2	34	Isla Hibbett	Hethersett Ad	U15	Female	24.17	
	3	36	Jasmine Becker	Thorpe St And	U15	Female	18.06	
	4	15	Connie Mabbott	Wymondham	U15	Female	17.95	
	1	157	Maddy Powles-Warren	Hethersett Ad	U17	Female	34.66	
	2	156	Lilymae Coote	Flegg high sch	U17	Female	33.52	
	3	159	Oliwia Polewany	Notre Dame H	U17	Female	29.26	
	4	152	Kyla Langan	Thorpe St And	U17	Female	26.14	
	1	224	Hollie Willeard	East Coast Co	U20	Female	37.98	
Triple jump JB								
Position	Category position	Bib number	Name	Club	Category	Gender	Distance	
	1	100	Levite Oyelakin	Norwich Scho	U15	Male	10.89	
	2	116	Rohan Pease	Broadland Hig	U15	Male	10.55	

	3	3	112	Otto Fergusson	Beeston Hall S	U15	Male	10.45	
	4	4	74	Charlie Perry	Thorpe St And	U15	Male	9.98	
	5	5	103	Luca Newbury	Beeston Hall	U15	Male	9.97	
	6	6	66	Alfie Sparkes	Wymondham	U15	Male	8.93	
<b>High jump JB + IB</b>									
	<b>Position</b>	<b>Category position</b>	<b>Bib number</b>	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Gender</b>	<b>Distance</b>	
	1	1	176	Ewan Thompson	Northgate Hig	U17	Male	1.67	
	2	1	99	Leon Harris	City of Norwic	U15	Male	1.60	
	3	2	163	Alfie Bone	Springwood H	U17	Male	1.60	
	4	3	184	Jeffrey Amrich	Wymondham	U17	Male	1.55	
	5	4	166	Billy Eccles	Hethersett ac	U17	Male	1.55	
	6	4	188	Kunle Adedoyin	Wymondham	U17	Male	1.55	
	7	2	70	Billy Marris	Norwich Scho	U15	Male	1.40	
	8	3	86	Isaiah Amoako	Wymondham	U15	Male	1.35	
	9	4	78	Eugene Mak	Norwich Scho	U15	Male	1.30	
<b>Javelin JB + IB + SB</b>									
	<b>Position</b>	<b>Category position</b>	<b>Bib number</b>	<b>Name</b>	<b>Club</b>	<b>Category</b>	<b>Gender</b>	<b>Distance</b>	
		1	68	Archie Hannent	Framingham	U15	Male	50.25	
		2	85	Haydn Docherty	Wymondham	U15	Male	34.04	
		3	73	Charlie Broad	Downham Ma	U15	Male	31.79	
		4	63	Aden Canty	Reepham Hig	U15	Male	28.76	
		5	67	Anton kouroupis	City of Norwic	U15	Male	23.26	
		6	77	Ethan Ward	St. Clement's	U15	Male	19.04	
		1	202	Thomas O'Neill	Norwich Scho	U17	Male	42.02	
		2	169	Connor Eadie	Diss high scho	U17	Male	41.45	
		3	205	William Lupton	Taverham Hig	U17	Male	39.39	
		4	170	Cruz Bayfield	Langley Senio	U17	Male	38.40	
		5	189	Kwame Bekoe	Norwich Scho	U17	Male	29.19	
		6	204	William Gregson	Broadland Hig	U17	Male	27.50	
		1	241	Miles hovell	Springwood h	U20	Male	41.52	
		2	239	Louis Preston	Easton Colleg	U20	Male	38.33	
		3	242	Oliver Yellop	City College N	U20	Male	35.03	
<b>Long jump JG</b>									

	Position	Category position	Bib number	Name	Club	Category	Gender	Distance	
	1	1	51	Mia Squires	Lynn Grove A	U15	Female	5.25	
	2	2	13	Charley Wheatley	St Clements H	U15	Female	4.55	
	3	3	32	Grace Doran	Thorpe St And	U15	Female	4.26	
	4	4	39	Lillian Manson	Reepham Hig	U15	Female	4.23	
	5	5	20	Darcey McDonough	Langley Senio	U15	Female	4.03	
	6	6	7	Ava Heale	Norwich High	U15	Female	3.90	
	7	7	4	Amelia Gregson	Broadland Hig	U15	Female	3.83	
	8	8	17	Dana Duah	Wymondham	U15	Female	3.73	
	9	9	62	Zoë Clues	Thorpe St And	U15	Female	3.64	
	10	10	18	Dani Wathan	St Clements h	U15	Female	2.98	
<b>Shot IB + IG + SB + SG</b>									
	Position	Category position	Bib number	Name	Club	Category	Gender	Distance	
		1	157	Maddy Powles-Warren	Hethersett Ac	U17	Female	10.93	
		2	149	Katerina Di Maria	Norwich scho	U17	Female	9.24	
		3	147	Isio Emore	Norwich Scho	U17	Female	7.64	
		1	179	Henry Kerrison	Langley Senio	U17	Male	11.15	
		2	204	William Gregson	Broadland Hig	U17	Male	8.14	
		3	165	Aston Wilder	Attleborough	U17	Male	7.24	
		1	227	Rose Fairhurst	Sir Isaac New	U20	Female	8.04	
		1	241	Miles hovell	Springwood h	U20	Male	10.25	
<b>Triple jump IB + SB + IG + SG</b>									
	Position	Category position	Bib number	Name	Club	Category	Gender	Distance	
	1	1	243	Ryan Wood	Reepham Hig	U20	Male	12.67	
	2	1	164	Archie Harrison	Thorpe at and	U17	Male	11.03	
	3	2	194	Matthew Zimmerman	Thorpe St And	U17	Male	10.78	
	4	3	185	Joel Iyaji	Notre Dame H	U17	Male	10.61	
	5	1	132	Caitlin Bell	Ormiston vict	U17	Female	10.23	
	6	2	161	Sofia Odell	Thorpe st and	U17	Female	9.82	
	7	1	224	Hollie Willeard	East Coast Co	U20	Female	9.59	

