**Anglian Schools Track Timetable – 2024**

11.30 T1 SB 400m Hurdles(91.5cm)

11.35 T2 IB 400m Hurdles(84cm)

11.40 T3 SG 400m Hurdles(76cm)

11.45 T4 IG 300m Hurdles(76cm)

11.55 T5 SB 1500m

12.05 T6 IB 1500m

12.15 T7 SG 1500m

12.25 T8 IG 1500m

12.35 T9 JB 100m

12.39 T10 IB 100m

12.43 T11 SB 100m

12.47 T12 JG 100m

12.51 T13 IG 100m

12.55 T14 SG 100m

13.00 T15 IB 400m

13.05 T16 SB 400m

13.10 T17 SG 400m

13.15 T18 JB 300m

13.20 T19 IG 300m

13,25 T20 JG 300m

13.30 T21 JB 1500m

13.40 T22 JG 1500m

13.55 T23 JG 75m Hurdles(76cm)

14.05 T24 IG 80m Hurdles(76cm)

14.10 T25 JB 80m Hurdles(84cm)

14.20 T26 IB 100m Hurdles(91.5cm) change

14.25 T27 SG 100m Hurdles(84cm) change

14.30 T28 SB 110m Hurdles(99cm)

14.40 T29/T30 SB/IB 3000m

14.55 T31/T32 SG/IG 3000m

15.15 T33 JB 200m

15.19 T34 IB 200m

15.23 T35 SB 200m

15.27 T36 JG 200m

15.31 T37 IG 200m

15.35 T38 SG 200m

15.45 T39 JG 800m

15.50 T40 JB 800m

15.55 T41 SB 800m

16.00 T42 IB 800m

16.05 T43 SG 800m

16.10 T44 IG 800m

16.20 T45 SB 2000m Steeplechase

16.30 T46 IB 1500m Steeplechase

16.40 T47/T48 IG/SG 1500m Steeplechase

17.00 T49 Junior Mixed 100m Relay

17.05 T50 Inter Mixed 100m Relay

17.10 T51 Senior Mixed 100m Relay

**Anglian Schools Field Timetable – 2024**

10.30 F1 Hammer JG/IG/SG

F2 Pole Vault All Ages

11.30 F3 Hammer JB/IB/SB

F4 High Jump SG IG

F5 Shot Putt SG IG

F6 Long Jump JB

F7 Triple Jump SG IG

12.30 F8 Discus SB

F9 Javelin IB

F10 High Jump JB

F11 Shot Putt JG

F12 Triple Jump SB/IB Change

13.30 F13 Discus JG

F14 Javelin SB

F15 Shot Putt JB

F16 Long Jump SB /IB Change

14.30 F17 Discus SG IG

F18 Javelin JG

F19 High Jump JG

F20 Shot Putt SB / IB Change

15.30 F21 Discus IB

F22 Javelin JB

F23 High Jump SB IB Change

F24 Long Jump JG

16.30 F25 Discus JB

F26 Javelin SG IG

F27 Triple Jump JB

F28 Long Jump SG IG

* NB The opening heights for the high jump will be decided by the field referee on the day. Implements belonging to athletes must be checked by the field referee before they are used in competition.
* Under Anglian Schools rules all athletes in field events will be given four trials in the competition.
* Athletes should report to the field event area 10 minutes before the stated time.