**Norfolk Schools Athletic Association Championships Timetable 2018 – Saturday 9th June**

**Junior Boys/Girls JB/JG – Years 8 and 9**

**Inter Boys/Girls IB/IG – Years 10 and 11**

**Senior Boys/Girls SB/SG – Years 12 and 13**

**Track Timetable Field Timetable**

**11.00am 10.30am**

T1. Inter Girls 300m Hurdles Final F1. Hammer All ages

T2. Inter Boys 400m Hurdles Final F2. Pole Vault All ages

**11.15am** F3. High Jump Junior Boys

T3. Junior Girls 100m 3 Heats

T4. Junior Boys 100m 3 Heats **11.00am**

T5. Inter Girls 100m 3 Heats F4. Discus Junior Boys

T6. Inter Boys 100m 4 Heats

**11.50am**

T7. Junior Girls 300m 2 Heats **11.30am**

T8. Junior Boys 300m 2 Heats F5. Long Jump Inter/Senior Boys

T9. Inter Girls 300m 2 Heats

**12.05pm** F6. Javelin Junior Girls

T10. Inter Boys 400m 2 Heats F7. High Jump Inter/Senior Girls

T11. Senior Girls 400m Final

T12. Senior Boys 400m Final

**12.20pm 12.30pm**

T13. Junior Girls 800m Final F8. Javelin Junior Boys

T14. Junior Boys 800m Final F9. Shot Putt Inter/Senior Boys

T15. Inter Girls 800m Final F10. Long Jump Junior Girls

T16. Inter/Senior Boys 800m Final

**1.20pm**

T17. Junior Girls 100m Final **1.30pm**

T18. Junior Boys 100m Final F11. High Jump Junior Girls

T19. Inter Girls 100m Final F12. Triple Jump – JB IB SB All boys

T20. Inter Boys 100m Final F13 Discus – JG IG SG All girls

T21. Senior Boys 100m Final

**1.50pm Field timetable continued**

T22. Junior Girls 300m Final

T23. Inter Girls 300m Final **2.30pm**

T24. Junior Boys 300m Final F14. Javelin Inter/Senior Girls

T25. Inter Boys 400m Final F15. Triple Jump Inter/Senior Girls

**2.15pm** F16. High Jump Inter/Senior Boys

T26. Inter/Senior Girls 3000m Final

T27. Inter/Senior Boys 3000m Final

**2.40pm 3.20pm**

T28. Junior Girls 200m 3 Heats F17. Shot Putt - JG IG SG – All girls

T29. Junior Boys 200m 3 Heats F18. Javelin Inter/Senior Boys

T30. Inter Girls 200m 2 Heats F19. Long Jump Junior Boys

T31. Inter Boys 200m 3 Heats

**3.20pm**

T32. Junior Girls 1500m Final **4.10pm**

T33. Junior Boys 1500m Final F20. Discus Inter/Senior Boys

T34. Inter/Senior Girls 1500m Final F21. Long Jump Inter/Senior Girls

T35. Inter/Senior Boys 1500m Final F22. Shot Putt Junior Boys

**4.05pm**

T36. Junior Girls 75m Hurdles Final **Track and Field Arrangements**

T37. Inter Girls 80m Hurdles Final If 2 Heats then first 2 and 4 fastest losers

T38. Junior Boys 80m Hurdles Final If 3 Heats then first 2 and 2 fastest losers

T39. Senior Girls 100m Hurdles Final If 4 Heats then first 1 and 4 fastest losers

T40. Inter Boys 100m Hurdles Final

T41. Senior Boys 110m Hurdles Final

**4.40pm** If insufficient runners for heats then a straight final will

T42. Junior Girls 200m Final be run at the time of the heat.

T43. Junior Boys 200m Final

T44. Inter Girls 200m Final In field events each athlete will qualify for 4 jumps or

T45. Inter Boys 200m Final 4 throws.

T46. Senior Girls 200m Final

T47. Senior Boys 200m Final **5.00pm** T48 Inter/Senior Girls 1500m Steeplechase Final