**Anglian Schools Track Timetable – 2018**

11.30 T1 SB 400m Hurdles(91.5cm)

11.35 T2 IB 400m Hurdles(84cm)

11.40 T3 SG 400m Hurdles(76cm)

11.45 T4 IG 300m Hurdles(76cm)

11.55 T5 SB 1500m

12.05 T6 IB 1500m

12.15 T7 SG 1500m

12.25 T8 IG 1500m

12.35 T9 JB 100m

12.39 T10 IB 100m

12.43 T11 SB 100m

12.47 T12 JG 100m

12.51 T13 IG 100m

12.55 T14 SG 100m

13.00 T15 IB 400m

13.05 T16 SB 400m

13.10 T17 SG 400m

13.15 T18 JB 300m

13.20 T19 IG 300m

13.25 T20 JG 300m

13.30 T21 JB 1500m

13.40 T22 JG 1500m

13.55 T23 JG 75m Hurdles(76cm)

14.05 T24 IG 80m Hurdles(76cm)

14.10 T25 JB 80m Hurdles(84cm)

14.20 T26 SG 100m Hurdles(84cm)

14.25 T27 IB 100m Hurdles(91.5cm)

14.30 T28 SB 110m Hurdles(99cm)

14.40 T29/T30 SB/IB 3000m

14.55 T31/T32 SG/IG 3000m

15.15 T33 JB 200m

15.19 T34 IB 200m

15.23 T35 SB 200m

15.27 T36 JG 200m

15.31 T37 IG 200m

15.35 T38 SG 200m

15.45 T39 JG 800m

15.50 T40 JB 800m

15.55 T41 SB 800m

16.00 T42 IB 800m

16.05 T43 SG 800m

16.10 T44 IG 800m

16.20 T45 SB 2000m Steeplechase

16.30 T46 IB 1500m Steeplechase

16.40 T47/T48 IG/SG 1500m Steeplechase

17.00 T49 JG 100m Relay

17.05 T50 IG 100m Relay

17.10 T51 SG 100m Relay

17.15 T52 JB 100m Relay

17.20 T53 IB 100m Relay

17.25 T54 SB 100m Relay

**Anglian Schools Field Timetable – 2018**

10.30 F1 Hammer JG/IG/SG Norfolk A

11.30 F2 Hammer JB/IB/SB Norfolk A

F3 High Jump SG IG Norfolk B

F4 Shot Putt SG IG Cambs

F5 Long Jump JB Lincs

F6 Triple Jump SG IG Suffolk

F7 Pole Vault All ages Norfolk C

12.30 F8 Discus SB Norfolk A F9 Javelin IB Suffolk F10 High Jump JB Norfolk B

F11 Shot Putt JG Cambs

F12 Triple Jump SB Lincs

13.30 F13 Discus JG Norfolk A

F14 Javelin SB Suffolk

F15 High Jump IB Norfolk B

F16 Shot Putt JB Cambs

F17 Long Jump SB Lincs

14.30 F18 Discus SG IG Norfolk A

F19 Javelin JG Suffolk

F20 High Jump JG Norfolk B

F21 Shot Putt IB Cambs

F22 Long Jump IB Lincs

15.30 F23 Discus IB Norfolk A

F24 Javelin JB Suffolk

F25 High Jump SB Norfolk B

F26 Long Jump JG Lincs

F27 Triple Jump IB Cambs

16.30 F28 Discus JB Norfolk A

F29 Javelin SG IG Suffolk

F30 Triple Jump JB Norfolk B

F31 Shot Putt SB Cambs

F32 Long Jump SG IG Lincs

* NB The opening heights for the high jump will be decided by the field referee on the day. Implements belonging to athletes must be checked by the field referee before they are used in competition.
* Under Anglian Schools rules all athletes in field events will be given four trials in the competition.
* Athletes should report to the field event area 10 minutes before the stated time.