

Norfolk Schools Athletic Association Championships Timetable 2017 – Saturday 10th June

Junior Boys/Girls JB/JG – Years 8 and 9

Inter Boys/Girls IB/IG – Years 10 and 11

Senior Boys/Girls SB/SG – Years 12 and 13

Track Timetable

11.00am

T1. Inter Girls 300m Hurdles Final

11.10am

T2. Junior Girls 100m 3 Heats

T3. Junior Boys 100m 4 Heats

T4. Inter Girls 100m 2 Heats

T5. Inter Boys 100m 3 Heats

11.45am

T6. Junior Boys 300m 3 Heats

T7. Inter Girls 300m Final

T8. Inter Boys 400m 2 Heats

T9. Senior Girls 400m Final

T10. Senior Boys 400m Final

12.15

T11. Junior Girls 800m Final

T12. Junior Boys 800m Final

T13. Inter Girls 800m Final

T14 Inter/Senior Boys 800m Final

1.20pm

T15. Junior Girls 100m Final

T16. Junior Boys 100m Final

T17. Inter Girls 100m Final

T18. Inter Boys 100m Final

T19. Senior Girls 100m Final

T20. Senior Boys 100m Final

Field Timetable

10.30am

F1. Hammer All ages

F2. Pole Vault All ages

F3. High Jump Inter/Senior Girls

11.00am

F4. Discus Junior Boys

11.30am

F5 Long Jump Inter/Senior Boys

F6. Javelin Inter/Senior Boys

F7. High Jump Junior Girls

12.30pm

F8. Javelin Junior Boys

F9. Shot Putt Inter/Senior Boys

F10. Long Jump Junior Girls

1.30pm

F11. High Jump Junior Boys

F12. Triple Jump JB IB SB – All boys

F13. Discus JG IG SG - All girls

Track Timetable continued**1.50pm**

T21. Junior Boys 300m Final

T22. Inter Boys 400m Final

2.05pm

T23. Inter/Senior Girls 3000m Final

T24. Inter Senior Boys 3000m Final

2.30pm

T25. Junior Girls 200m 2 Heats

T26. Junior Boys 200m 3 Heats

T27. Inter Girls 200m 2 Heats

T28. Inter Boys 200m 2 Heats

3.05pm

T29. Junior Girls 1500m Final

T30. Junior Boys 1500m Final

T31. Inter/Senior Girls 1500m Final

T32. Inter/Senior Boys 1500m Final

3.50pm

T33. Junior Girls 75m Hurdles Final

T34. Inter Girls 80m Hurdles Final

T35. Junior Boys 80m Hurdles Final

T36. Senior Girls 100m Hurdles Final

T37. Inter Boys 100m Hurdles Final

T38. Senior Boys 110m Hurdles Final

4.30pm

T39. Junior Girls 200m Final

T40. Junior Boys 200m Final

T41. Inter Girls 200m Final

T42. Inter Boys 200m Final

T43. Senior Girls 200m Final

T44. Senior Boys 200m Final

4.50pm

T45. Inter Girls 1500m Steeplechase Final

Field timetable continued**2.30pm**

F14. Javelin Inter/Senior Girls

F15. Triple Jump Inter/Senior Girls

F16. High Jump Inter/Senior Boys

3.20pm

F17. Shot Putt JG IG SG - All Girls

F18. Javelin Junior Girls

F19. Long Jump Junior Boys

4.10pm

F20. Discus Inter/Senior Boys

F21. Long Jump Inter/Senior Girls

F22. Shot Putt Junior Boys

Track and Field Arrangements

If 2 Heats then first 2 and 4 fastest losers

If 3 Heats then first 2 and 2 fastest losers

If 4 Heats then first 1 and 4 fastest losers

If insufficient runners for heats then a straight final will be run at the time of the heat.

In field events each athlete will qualify for 4 jumps or 4 throws.

