

CROSS COUNTRY MAP

Start and Finish (S&F)	1500m
LOOP A	1250m
LOOP B	270m

Start time	Category	Route	Distance
1:00	Yr 7 Girls	1 x A + S&F	2450m
1:15	Yr 7 Boys	1 x A + S&F	2450m
1:30	Junior Girls	1 x B + 1 x A + S&F	3100m
1:50	Junior Boys	2 x A + S&F	4000m
2:15	Intermediate Girls	2 x A + S&F	4000m
2:15	Senior Girls	2 x A + S&F	4000m
2:40	Intermediate Boys	3 x A + S&F	5250m
2:40	Senior Boys	4 x A + S&F	6500m

