This timetable has been carefully checked for accuracy but as always we reserve the right to change it should any errors be found.

Friday Track Event Timetable

| TC | 10:12 hrs. 1500 metres | | | | |
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| T2 | 10.12 ms. 1300 metes | JUNIOR GIRLS FINAL, Event T78 | 1st Round 14:57 hrs. | 2 Heats Saturday | |
| Т3 | 10:26 hrs. 100 metres | SENIOR BOYS 2nd Round | 1st Round 3 Heats, Event | 5 Heats T18 | 12:54 hrs.Friday |
| T4 | 10:27 hrs. 75 metres Hurdles (BS) | JUNIOR GIRLS FINAL, Event T81 | 1st Round 15:23 hrs. | 3 Heats Saturday | |
| T5 | 10:42 hrs. 80 metres Hurdles (BS) | INTER GIRLS Semi-Finals A & B, | 1st Round Event T19 | 4 Heats 12:55 hrs. | Friday |
| T6 | 10:46 hrs. 100 metres | SENIOR GIRLS Semi-Finals A & B, | 1st Round Event T20 | 4 Heats 13:09 hrs. | Friday |
| T7 | 11:02 hrs. 100 metres | INTER BOYS Semi-Finals A & B, | 1st Round Event T21 | 4 Heats 13:19 hrs. | Friday |
| T8 | 11:03 hrs. 80 metres Hurdles (BS) | JUNIOR BOYS FINAL, Event T83 | 1st Round 15:33 hrs. | 3 Heats Saturday | |
| Т9 | 11:18 hrs. 100 metres | INTER GIRLS Semi-Finals A & B, | 1st Round Event T23 | 4 Heats 13:29 hrs. | Friday |
| T10 | 11:19 hrs. 100 metres Hurdles (BS) | SENIOR GIRLS FINAL, Event T86 | 1st Round 15:53 hrs. | 2 Heats Saturday | |
| T11 | 11:34 hrs. 100 metres | JUNIOR BOYS FINAL, Event T63 | 1st Round 12:49 hrs. | 3 Heats Saturday | |
| T12 | 11:35 hrs. 100 metres Hurdles (BS) | INTER BOYS Semi-Finals A & B, | 1st Round Event T22 | 4 Heats 13:20 hrs. | Friday |
| T13 | 11:46 hrs. 100 metres | JUNIOR GIRLS Semi-Finals A & B, | 1st Round Event T24 | 4 Heats 13:39 hrs. | Friday |
| T14 | 12:02 hrs. 800 metres | SENIOR BOYS FINAL, Event T99 | 1st Round 17:04 hrs. | 3 Heats Saturday | |
| T15 | 12:17 hrs. 800 metres | SENIOR GIRLS FINAL, Event T98 | 1st Round 17:00 hrs. | 2 Heats Saturday | |
| T16 | 12:27 hrs. 1500 metres | INTER BOYS FINAL, Event T54 | 1st Round 11:38 hrs. | 2 Heats Saturday | |
| T17 | 12:40 hrs. 1500 metres | INTER GIRLS FINAL, Event T53 | 1st Round 11:30 hrs. | 2 Heats Saturday | |
| T18 | 12:54 hrs. 100 metres | SENIOR BOYS FINAL, Event T93 | 2nd Round 16:28 hrs. | 3 Heats Saturday | |
| T19 | 12:55 hrs. 80 metres Hurdles (BS) | INTER GIRLS FINAL, Event T82 | Semi-Finals A 8 15:28 hrs. | & B Saturday | |
| T20 | 13:09 hrs. 100 metres | SENIOR GIRLS FINAL, Event T92 | Semi-Finals A 8 16:23 hrs. | & B Saturday | |
| T21 | 13:19 hrs. 100 metres | INTER BOYS FINAL, Event T61 | Semi-Finals A 8 12:39 hrs. | & B Saturday | |
| T22 | 13:20 hrs. 100 metres Hurdles (BS) | INTER BOYS FINAL, Event T87 | Semi-Finals A 8 15:58 hrs. | & B Saturday | |
| T23 | 13:29 hrs. 100 metres | INTER GIRLS FINAL, Event T60 | Semi-Finals A 8 12:34 hrs. | & B Saturday | |

| T24 | 13:39 hrs. 100 metres | JUNIOR GIRLS FINAL, Event T62 | Semi-Finals A a 12:44 hrs. | & B Saturday | |
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| T25 | 13:50 hrs. 200 metres | INTER BOYS Semi-Finals A & B, | 1st Round Event T48 | 4 Heats 10:40 hrs. Saturday | |
| T26 | 14:08 hrs. 200 metres | INTER GIRLS Semi-Finals A & B, | 1st Round Event T47 | 4 Heats 10:30 hrs. Saturday | |
| T27 | 14:26 hrs. 300 metres | JUNIOR BOYS FINAL, Event T94 | 1st Round 16:33 hrs. | 2 Heats Saturday | |
| T28 | 14:36 hrs. 300 metres | INTER GIRLS FINAL, Event T58 | 1st Round 12:16 hrs. | 3 Heats Saturday | |
| T29 | 14:51 hrs. 400 metres | INTER BOYS Semi-Finals A & B, | 1st Round Event T39 | 4 Heats 17:10 hrs. Friday | |
| T30 | 15:11 hrs. 400 metres | SENIOR BOYS FINAL, Event T66 | 1st Round 13:04 hrs. | 3 Heats Saturday | |
| T31 | 15:26 hrs. 300 metres Hurdles | INTER GIRLS FINAL, Event T69 | 1st Round 14:00 hrs. | 3 Heats Saturday | |
| T32 | 15:41 hrs. 400 metres Hurdles | SENIOR GIRLS FINAL, Event T70 | 1st Round 14:05 hrs. | 2 Heats Saturday | |
| T33 | 15:51 hrs. 400 metres Hurdles | SENIOR BOYS FINAL, Event T72 | 1st Round 14:15 hrs. | 2 Heats Saturday | |
| T34 | 16:00 hrs. 800 metres | JUNIOR BOYS FINAL, Event T96 | 1st Round 16:43 hrs. | 3 Heats Saturday | |
| T35 | 16:15 hrs. 800 metres | JUNIOR GIRLS FINAL, Event T95 | 1st Round 16:38 hrs. | 3 Heats Saturday | |
| T36 | 16:30 hrs. 800 metres | INTER GIRLS FINAL, Event T51 | 1st Round 11:20 hrs. | 3 Heats Saturday | |
| T37 | 16:45 hrs. 800 metres | INTER BOYS FINAL, Event T52 | 1st Round 11:25 hrs. | 3 Heats Saturday | |
| T38 | 17:00 hrs. 400 metres | SENIOR GIRLS FINAL, Event T65 | 1st Round 12:59 hrs. | 2 Heats Saturday | |
| T39 | 17:10 hrs. 400 metres | INTER BOYS FINAL, Event T64 | Semi-Finals A a 12:54 hrs. | & B Saturday | |
| T40 | 17:18 hrs. 4x100 metres Relay | JUNIOR GIRLS FINAL, Event T100 | | 3 Heats Saturday | |
| T41 | 17:30 hrs. 4x100 metres Relay | JUNIOR BOYS FINAL, Event T101 | 1st Round 17:12 hrs. | 2 Heats Saturday | |
| T42 | 17:38 hrs. 4x100 metres Relay | INTER GIRLS FINAL, Event T102 | 1st Round 17:16 hrs. | 4 Heats Saturday | |
| T43 | 17:50 hrs. 4x100 metres Relay | INTER BOYS FINAL, Event T103 | 1st Round 17:20 hrs. | 3 Heats Saturday | |
| Saturday Morning Track Event Timetable | | | | | |
| T44 | 09:50 hrs. 110 metres Hurdles | SENIOR BOYS FINAL, Event T88 | 1st Round 16:03 hrs. | 2 Heats Saturday | |
| T45 | 10:00 hrs. 200 metres | JUNIOR GIRLS FINAL, Event T89 | 1st Round 16:08 hrs. | 3 Heats Saturday | |
| T46 | 10:15 hrs. 200 metres | JUNIOR BOYS FINAL, Event T90 | 1st Round 16:13 hrs. | 3 Heats Saturday | |
| T47 | 10:30 hrs. 200 metres | INTER GIRLS FINAL, Event T74 | Semi-Finals A a 14:32 hrs. | & B Saturday | |

| T48 | 10:40 hrs. 200 metres | INTER BOYS FINAL, Event T75 | | & B Saturday |
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| T49 | 10:50 hrs. 200 metres | SENIOR GIRLS FINAL, Event T76 | 1st Round 14:42 hrs. | 3 Heats Saturday |
| T50 | 11:05 hrs. 200 metres | SENIOR BOYS FINAL, Event T91 | 1st Round 16:18 hrs. | 3 Heats Saturday |
| T51 | 11:20 hrs. 800 metres | INTER GIRLS | FINAL | |
| T52 | 11:25 hrs. 800 metres | INTER BOYS | FINAL | |
| T53 | 11:30 hrs. 1500 metres | INTER GIRLS | FINAL | |
| T54 | 11:38 hrs. 1500 metres | INTER BOYS | FINAL | |
| T55 | 11:46 hrs. 1500 metres Steeplechase | INTER BOYS | FINAL | |
| T56 | 11:54 hrs. 3000 metres | INTER GIRLS | FINAL | |
| T57 | 12:06 hrs. 2000 metres Steeplechase | SENIOR BOYS | FINAL | |
| T58 | 12:16 hrs. 300 metres | INTER GIRLS | FINAL | |
| T59 | 12:21 hrs. 3000 metres | SENIOR GIRLS | FINAL | |
| T60 | 12:34 hrs. 100 metres | INTER GIRLS | FINAL | |
| T61 | 12:39 hrs. 100 metres | INTER BOYS | FINAL | |
| T62 | 12:44 hrs. 100 metres | JUNIOR GIRLS | FINAL | |
| T63 | 12:49 hrs. 100 metres | JUNIOR BOYS | FINAL | |
| T64 | 12:54 hrs. 400 metres | INTER BOYS | FINAL | |
| T65 | 12:59 hrs. 400 metres | SENIOR GIRLS | FINAL | |
| T66 | 13:04 hrs. 400 metres | SENIOR BOYS | FINAL | |
| T67 | 13:10 hrs. 4x100 metres Relay | SENIOR GIRLS FINAL, Event T104 | 1st Round 17:24 hrs. | 2 Heats Saturday |
| T68 | 13:20 hrs. 4x100 metres Relay | SENIOR BOYS FINAL, Event T105 | 1st Round 17:28 hrs. | 2 Heats Saturday |

13:30 hrs. Parade of Athletes

Saturday Afternoon Track Event Timetable

| T69 | 14:00 hrs. 300 metres Hurdles | INTER GIRLS | FINAL |
|-----|-------------------------------------|--------------|-------|
| T70 | 14:05 hrs. 400 metres Hurdles | SENIOR GIRLS | FINAL |
| T71 | 14:10 hrs. 400 metres Hurdles | INTER BOYS | FINAL |
| T72 | 14:15 hrs. 400 metres Hurdles | SENIOR BOYS | FINAL |
| T73 | 14:20 hrs. 3000 metres | INTER BOYS | FINAL |
| T74 | 14:32 hrs. 200 metres | INTER GIRLS | FINAL |
| T75 | 14:37 hrs. 200 metres | INTER BOYS | FINAL |
| T76 | 14:42 hrs. 200 metres | SENIOR GIRLS | FINAL |
| T77 | 14:47 hrs. 1500 metres Steeplechase | INTER GIRLS | FINAL |
| T78 | 14:57 hrs. 1500 metres | JUNIOR GIRLS | FINAL |
| T79 | 15:05 hrs. 1500 metres Steeplechase | SENIOR GIRLS | FINAL |
| T80 | 15:15 hrs. 1500 metres | JUNIOR BOYS | FINAL |
| T81 | 15:23 hrs. 75 metres Hurdles | JUNIOR GIRLS | FINAL |
| T82 | 15:28 hrs. 80 metres Hurdles | INTER GIRLS | FINAL |
| T83 | 15:33 hrs. 80 metres Hurdles | JUNIOR BOYS | FINAL |
| T84 | 15:38 hrs. 1500 metres | SENIOR GIRLS | FINAL |
| T85 | 15:46 hrs. 1500 metres | SENIOR BOYS | FINAL |
| T86 | 15:53 hrs. 100 metres Hurdles | SENIOR GIRLS | FINAL |
| T87 | 15:58 hrs. 100 metres Hurdles | INTER BOYS | FINAL |
| T88 | 16:03 hrs. 110 metres Hurdles | SENIOR BOYS | FINAL |
| T89 | 16:08 hrs. 200 metres | JUNIOR GIRLS | FINAL |
| T90 | 16:13 hrs. 200 metres | JUNIOR BOYS | FINAL |
| T91 | 16:18 hrs. 200 metres | SENIOR BOYS | FINAL |
| T92 | 16:23 hrs. 100 metres | SENIOR GIRLS | FINAL |

| T93 | 16:28 hrs. 100 metres | SENIOR BOYS | FINAL | | |
|------------------------------|--------------------------------------|--------------|--|--|--|
| T94 | 16:33 hrs. 300 metres | JUNIOR BOYS | FINAL | | |
| T95 | 16:38 hrs. 800 metres | JUNIOR GIRLS | FINAL | | |
| T96 | 16:43 hrs. 800 metres | JUNIOR BOYS | FINAL | | |
| T97 | 16:48 hrs. 3000 metres | SENIOR BOYS | FINAL | | |
| T98 | 17:00 hrs. 800 metres | SENIOR GIRLS | FINAL | | |
| T99 | 17:04 hrs. 800 metres | SENIOR BOYS | FINAL | | |
| T100 | 17:08 hrs. 4x100 metres Relay | JUNIOR GIRLS | FINAL | | |
| T101 | 17:12 hrs. 4x100 metres Relay | JUNIOR BOYS | FINAL | | |
| T102 | 217:16 hrs. 4x100 metres Relay | INTER GIRLS | FINAL | | |
| T103 | 3 17:20 hrs. 4x100 metres Relay | INTER BOYS | FINAL | | |
| T104 | 17:24 hrs. 4x100 metres Relay | SENIOR GIRLS | FINAL | | |
| T105 | 517:28 hrs. 4x100 metres Relay | SENIOR BOYS | FINAL | | |
| Friday Field Event Timetable | | | | | |
| F1 | 10.00 / 11.30 hrs. Long Jump (PIT 3) | JUNIOR GIRLS | Pools A & B Saturday 10.00 hrs. PIT 1 | | |
| F2 | 10.00 / 11.30 hrs. Hammer (HT) | INTER GIRLS | Pools A & B | | |
| F3 | 10.00 hrs. Triple Jump (PIT 2) | JUNIOR BOYS | Saturday 12.00 hrs. HT FINAL | | |
| F4 | 10.00 hrs. Javelin (J1) | INTER BOYS | FINAL | | |
| F5 | 10.00 hrs. Discus (DT) | JUNIOR BOYS | FINAL | | |
| F6 | 10.00 hrs. Shot (S1) | SENIOR BOYS | FINAL | | |
| F7 | 10.00 hrs. High Jump (HJ1) | JUNIOR BOYS | FINAL | | |
| F8 | 10.00 hrs. Pole Vault (PV) | INTER GIRLS | FINAL | | |

FINAL

FINAL

FINAL

FINAL

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FINAL

INTER GIRLS

INTER GIRLS

INTER BOYS

SENIOR BOYS

JUNIOR GIRLS

INTER BOYS

JUNIOR GIRLS FINAL

JUNIOR GIRLS FINAL

F9 11.45 hrs. Long Jump (PIT 1)

F10 11.45 hrs. Javelin (J1)

F11 11.45 hrs. Shot (S1)

F12 12.00 hrs. Discus (DT)

F13 13.00 hrs. High Jump (HJ1)

F14 13.00 hrs. Hammer (HT)

F15 13.30 hrs. Pole Vault (PV)

F16 14.00 hrs. Shot (S1)

| F17 | 14.00 hrs. Javelin (J1) | JUNIOR BOYS | FINAL |
|-----|--------------------------------|--------------|-------|
| F18 | 14.00 hrs. Triple Jump (PIT 1) | INTER GIRLS | FINAL |
| F19 | 14.30 hrs. Discus (DT) | INTER GIRLS | FINAL |
| F20 | 14.30 hrs. Triple Jump (PIT 2) | SENIOR GIRLS | FINAL |
| F21 | 14.30 hrs. Hammer (HT) | INTER BOYS | FINAL |
| F22 | 16.00 hrs. Pole Vault (PV) | INTER BOYS | FINAL |
| F23 | 16.00 hrs. High Jump (HJ1) | SENIOR GIRLS | FINAL |
| F24 | 16.00 hrs. High Jump (HJ2) | SENIOR BOYS | FINAL |
| F25 | 16.30 hrs. Long Jump (PIT 2) | SENIOR BOYS | FINAL |
| F26 | 16.30 hrs. Long Jump (PIT 1) | JUNIOR BOYS | FINAL |
| Sat | urday Field Event Timetable | | |
| F27 | 9.30 hrs. Hammer (HT) | JUNIOR GIRLS | FINAL |
| F28 | 9.30 hrs. Pole Vault (PV) | SENIOR GIRLS | FINAL |
| F29 | 9.30 hrs. Javelin (J1) | INTER GIRLS | FINAL |
| F30 | 9.30 hrs. High Jump (HJ1) | INTER GIRLS | FINAL |
| F31 | 9.30 hrs. Long Jump (PIT 2) | INTER BOYS | FINAL |
| F32 | 10.00 hrs. Shot (S1) | JUNIOR GIRLS | FINAL |
| F33 | 10.00 hrs. Discus (DT) | SENIOR BOYS | FINAL |
| F34 | 10.00 hrs. Long Jump (PIT 1) | JUNIOR GIRLS | FINAL |
| F35 | 11.30 hrs. Javelin (J1) | SENIOR GIRLS | FINAL |
| F36 | 12.00 hrs. Hammer (HT) | INTER GIRLS | FINAL |
| F37 | 12.00 hrs. Discus (DT) | SENIOR GIRLS | FINAL |
| F38 | 12.00 hrs. Shot (S1) | JUNIOR BOYS | FINAL |
| F39 | 12.00 hrs. Pole Vault (PV) | JUNIOR BOYS | FINAL |
| F40 | 12.00 hrs. Triple Jump (PIT 2) | INTER BOYS | FINAL |
| F41 | 14.15 hrs. Hammer (HT) | JUNIOR BOYS | FINAL |
| F42 | 14.30 hrs. Pole Vault (PV) | SENIOR BOYS | FINAL |
| F43 | 14.30 hrs. High Jump (HJ1) | INTER BOYS | FINAL |
| F44 | 14.30 hrs. Javelin (J1) | SENIOR BOYS | FINAL |
| F45 | 14.15 hrs. Long Jump (PIT 2) | SENIOR GIRLS | FINAL |
| F46 | 14.30 hrs. Discus (DT) | JUNIOR GIRLS | FINAL |
| F47 | 15.00 hrs. Shot (S1) | SENIOR GIRLS | FINAL |
| F48 | 15.45 hrs. Hammer (HT) | SENIOR GIRLS | FINAL |
| F49 | 16.00 hrs. Triple Jump (PIT 2) | SENIOR BOYS | FINAL |
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